

LINE › FreeMotion  
TYPE › cardio

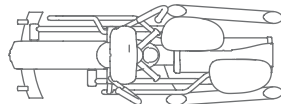
# ELLIPTICAL TRAINER



- MODEL › FMEL4505P  
FEATURE › Elliptical Trainer shown with workout TV  
OPTION › FMEL4255P with basic console



Top View



The most natural moving elliptical in the most practical footprint. The FreeMotion Elliptical Trainer features superior construction and unique rear-access design to maximize your floor space without compromising durability or functionality. Your members will feel the difference of the patented footpath, giving them a natural striding motion.

## FEATURES AND BENEFITS

**Rear-access Design** › Space-efficient, rear access design allows users to safely enter/exit the machine from the back.

**Patented Footpath** › Unique footpath provides users with comfortable, natural striding movement.

**ERS™** › Custom designed ERS (Electromagnetic Resistance System) applies consistent resistance to the flywheel and generates power to the Basic Console.

**QuickTouch Resistance** › Adjust resistance from 1 to 10 by simply touching a QuickTouch button, or scroll through 20 resistance levels in 0.5 increments.

**QuickTouch Programs** › Users can begin training with one of eight preprogrammed workouts at the touch of a button.

**Belt Drive** › Smooth belt drive system provides quiet, consistent operation and requires very little maintenance.

**Heart Rate** › Pulse information can be displayed on the console via contact sensors or Polar® compatible wireless telemetry.

**Wheel Track** › The covered wheel track limits access to moving parts and prevents debris from entering for less maintenance.

### SPECS

## › FreeMotion Elliptical Trainer

MODEL FMEL4505P (TV Console), FMEL4255P (Basic Console)

<b>Dimensions (LWH)</b>	78" x 28" x 71" (198 cm x 71 cm x 180 cm)	<b>Display Type</b>	24 Character Alphanumeric Display
<b>Product Weight</b>	380 lbs. (142 kg)	<b>Display</b>	Resistance, Time, Segment Time, Pace, Distance, Calories, Heart Rate, % Max . Heart Rate, Speed, Watts, RPM
<b>Resistance</b>	0.5 to 10, Scrolling in 0.5 increments for 20 levels	<b>Power Requirements</b>	Self Powered, WorkoutTV Requires Included 12 Volt Wall Transformer
<b>Heart Rate</b>	Grip Pulse Sensors and Polar® Compatible Wireless Telemetry	<b>Cable Requirements</b>	Coaxial Cable for WorkoutTV Console
<b>Programs</b>	Cardio, Pulse, Manual, Random, Interval, Quick Start, Foothills, Peaks, All-terrain	<b>In-club Entertainment</b>	Cardio Theater® and BroadcastVision® Compatible
<b>Maximum User Weight</b>	350 lbs. (159 kg)	<b>Network Capabilities</b>	FitLinx® Certified

› WARRANTY

LIFETIME: FRAME

2 YEARS: PARTS

1 YEAR: LABOR